

## Jeanette Frost

has successfully completed course requirements and is hereby certified in

## Wilderness First Aid

Valid for 3 Years After Completion Date

Completed on: March 10, 2023

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## **NATALIE BONTHIUS, MD**

Owner of Survival Med Survivalmedonline.org





This was a hybrid class that included demonstration of practical skills, medical and rescue scenarios, supplemental instructional podcasts, textbook learning, and exam.